Visual Ergonomics Lighting Workshop

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1. Objectives

1.1 Purpose

The purpose of this workshop is to:
- Provide participants with an introduction to lighting and visual ergonomics.
- Demonstrate how lighting concepts apply to workplaces and to visual comfort.
- Allow participants the opportunity to see examples of lighting and visual ergonomics tools first-hand.

1.2 Content

Topics covered will include an introduction to lamps and luminaires, measuring illumination and luminance, colour temperature, colour rendering index, glare and visual ergonomics tools. Participants will learn through a formal presentation of concepts, small group activities and a question and answer session.

2. Participation

This workshop is suitable for those wishing to gain an understanding of lighting and visual ergonomics for workplaces e.g. workplace ergonomists, work health safety officers.

It will be limited to a maximum of 30 participants.