

**AREAS OF KNOWLEDGE WITHIN HUMAN FACTORS AND ERGONOMICS  
(LIST IS NON-EXHAUSTIVE AND MAY BE UPDATED FROM TIME TO TIME)**

AREA OF KNOWLEDGE	TOPIC AND SUB-TOPICS
Human Factors/ Ergonomics principles:	Human Factors/Ergonomics approach <ul style="list-style-type: none"> <li>○ <b>*Background of ergonomics</b></li> <li>○ <b>*Ergonomics risk factors</b></li> <li>○ <b>*Ergonomics principles</b></li> <li>○ Issues in remote working</li> <li>○ General and sociotechnical system theory</li> <li>○ Human as system component</li> <li>○ Human system integration</li> <li>○ Integrated view of human characteristics (physical, psychological, social) in system development</li> </ul>
Human characteristics and interaction with the physical environment:	<p><b>Demographics, anatomy and physiology</b></p> <ul style="list-style-type: none"> <li>○ <b>*Musculoskeletal system</b></li> <li>○ <b>*Anthropometry, gender, culture, ethnic variables relevant for design decisions</b></li> <li>○ <b>*Work capacity and workload</b></li> <li>○ <b>*Occupational biomechanical model</b></li> <li>○ <b>*Energy and force production</b></li> <li>○ <b>*Circadian rhythm</b></li> <li>○ <b>*Static versus dynamic work</b></li> </ul> <p>Human psychology</p> <ul style="list-style-type: none"> <li>○ <b>*Human performance/error analysis</b></li> <li>○ <b>*Vigilance</b></li> <li>○ <b>*Situation awareness</b></li> <li>○ <b>*Perceptual and cognitive aspects of information procession</b></li> <li>○ Psychophysics</li> <li>○ Perception-action analysis (motor skills and learning, proprioception, Stimulus response combability)</li> <li>○ Macro cognition</li> <li>○ Decision making</li> <li>○ Impact of motivation</li> </ul> <p>Human development</p> <p><b>*Physical environment</b></p> <ul style="list-style-type: none"> <li>○ <b>Climate environment</b></li> <li>○ <b>Principles, regulation, guidelines and standards in design for indoor and outdoor work</b></li> <li>○ <b>Lighting</b> <ul style="list-style-type: none"> <li>● <b>Visual acuity and colour vision</b></li> <li>● <b>Lighting levels, contrast and glare</b></li> <li>● <b>Reflections and flickers fusion</b></li> </ul> </li> <li>○ <b>Noise</b> <ul style="list-style-type: none"> <li>● <b>Noise induced hearing loss</b></li> <li>● <b>Distraction, annoyance and emergency signals</b></li> </ul> </li> <li>○ <b>Thermal environment</b> <ul style="list-style-type: none"> <li>● <b>Body temperature regulation and acclimatisation</b></li> </ul> </li> </ul>

**AREAS OF KNOWLEDGE WITHIN HUMAN FACTORS AND ERGONOMICS  
(LIST IS NON-EXHAUSTIVE AND MAY BE UPDATED FROM TIME TO TIME)**

AREA OF KNOWLEDGE	TOPIC AND SUB-TOPICS
	<ul style="list-style-type: none"> <li>● Subjective assessment – thermal comfort and discomfort</li> <li>○ Vibration               <ul style="list-style-type: none"> <li>● Whole body vibration</li> <li>● Hand arm vibration</li> <li>● Health effects</li> </ul> </li> </ul>
Work analysis and measurement:	<p><b>*Statistics and experimental design</b></p> <ul style="list-style-type: none"> <li>○ Descriptive and inferential statistics</li> <li>○ Correlation and regression analysis techniques</li> <li>○ Estimation and sampling</li> <li>○ Parametric and non-parametric statistics</li> </ul> <p>Research Methods</p> <ul style="list-style-type: none"> <li>○ *Study design (eg. Experimental design)</li> <li>○ *Reliability and validity</li> <li>○ *Data collection methods and techniques</li> <li>○ Epidemiology (fundamental)</li> </ul> <p>Computation and information technology</p> <p>Instrumentation</p> <p>Methods of measurement and investigation</p> <p><b>*Work analysis</b></p> <ul style="list-style-type: none"> <li>○ Ergonomics Risk Assessment</li> <li>○ Postural assessment</li> <li>○ Repetition assessment</li> <li>○ Force assessment</li> <li>○ Etc.</li> </ul> <p>Human Machine Interaction and Usability</p> <ul style="list-style-type: none"> <li>○ Heuristics analysis</li> <li>○ Usability engineering</li> <li>○ Usability testing</li> <li>○ Universal design</li> <li>○ User experiment assessment and accessibility assessment</li> </ul> <p><b>**Any 2 methods</b></p> <p>Environmental Assessment Methods</p> <ul style="list-style-type: none"> <li>○ Lighting</li> <li>○ Noise</li> <li>○ Vibration</li> <li>○ Thermal</li> <li>○ Indoor air quality</li> </ul> <p><b>**Any 2 methods</b></p> <p>Organizational Analysis</p> <p><b>**Any 2 methods</b></p>

**AREAS OF KNOWLEDGE WITHIN HUMAN FACTORS AND ERGONOMICS  
(LIST IS NON-EXHAUSTIVE AND MAY BE UPDATED FROM TIME TO TIME)**

AREA OF KNOWLEDGE	TOPIC AND SUB-TOPICS
People and technology:	<p>Systems theory</p> <p>Technology</p> <p>Human role in IR4.0</p> <p><b>*Disability, Ageing and Inclusive Design</b></p> <ul style="list-style-type: none"> <li>○ Principle of design for aged population</li> <li>○ Principle of design for disability</li> <li>○ Inclusive design principles</li> </ul> <p><b>*Human Computer Interaction</b></p> <p><b>*Human machine Interaction</b></p> <p>Human reliability</p> <p>Training and instruction</p> <p>Occupational hygiene</p> <p>Workplace design</p> <p>Information design</p>
Social and Organizational	<p>Social and organisational aspects</p> <p>Organisation Behaviour</p> <ul style="list-style-type: none"> <li>○ Group dynamics</li> <li>○ Organizational theory</li> <li>○ Team and organizational processes and change</li> <li>○ Participatory ergonomics</li> </ul> <p>Job and Organizational Design</p> <ul style="list-style-type: none"> <li>○ <b>*Principle, guidelines and regulation of job design</b></li> <li>○ <b>*Shift work and rest break</b></li> <li>○ <b>*Shift planning</b></li> <li>○ Human performance measurement</li> <li>○ Job design, redesign and team design</li> </ul> <p>Macroergonomics</p> <ul style="list-style-type: none"> <li>○ <b>*Education and training</b></li> <li>○ <b>*Ergonomics management program</b></li> <li>○ <b>*Communication</b></li> </ul> <p>Organizational Leadership, Climate and Culture</p> <ul style="list-style-type: none"> <li>○ Organizational climate</li> <li>○ <b>*Implementing ergonomics intervention</b></li> <li>○ <b>*Change management</b></li> </ul>

**AREAS OF KNOWLEDGE WITHIN HUMAN FACTORS AND ERGONOMICS  
(LIST IS NON-EXHAUSTIVE AND MAY BE UPDATED FROM TIME TO TIME)**

AREA OF KNOWLEDGE	TOPIC AND SUB-TOPICS
	<ul style="list-style-type: none"> <li>○ Up to date knowledge of national strategies relevant to ergonomics practices</li> </ul>
Professional issues:	<ul style="list-style-type: none"> <li><b>*Professional ethics and responsibilities</b> <ul style="list-style-type: none"> <li>○ <b>Role of ergonomist</b></li> <li>○ <b>Ethics</b></li> <li>○ <b>Code of conducts</b></li> <li>○ <b>Ergonomist role in organization and society</b></li> <li>○ <b>Lifelong learning</b></li> </ul> </li> <li><b>*Legislative provisions and standards</b> <ul style="list-style-type: none"> <li>○ <b>OSHA 1994</b></li> <li>○ <b>Guidelines related to Ergonomics</b></li> <li>○ <b>Ergonomics Standards</b></li> <li>○ <b>Design principles of safety and warning system</b></li> <li>○ <b>Crisis management</b></li> </ul> </li> </ul>

Note: \*the minimum requirement that is compulsory to be fulfilled are marked with\*