

- *Demonstrates the ability to carry out appropriate surveillance and identification of the nature and magnitude of risks to well-being and productivity.*
- *Applies appropriate measurement procedures and has the expertise to use HFE measurement instruments effectively.*

3.UNIT: HFE EVALUATION SKILLS

9. Appreciates the extent of human variability influencing design.

- *Understands the diversity in user body size, skills, physical and cognitive abilities, age, sensory capacity, motivations, general health and experience and can assess individual and collective requirements and risks.*

10. Evaluates products or activities in relation to users and other stakeholder requirements.

- *Identifies all relevant stakeholder requirements*
- *Carries out a systematic, efficient and goal-orientated review of demands on people in their interactions with material, tools, equipment, technologies, environments and services.*
- *Appropriately evaluates how well user needs are met.*
- *Consults appropriately with all stakeholders regarding analysis and interpretation of findings.*
- *Specifies the indicators of poor match between people and their tools, equipment, technologies, environments and services.*
- *Demonstrates an understanding of the HFE principles of human-machine interface technology.*

11. Identifies potential or existing high risk areas and high risk tasks and the risk of human error

- *Understands the concepts and goals of risk assessment and risk management.*
- *Demonstrates up-to-date knowledge of the local legal requirements relevant to safety and HFE design.*

- *Has a basic understanding of crisis management.*

4.UNIT: HFE RECOMMENDATION SKILLS

12. Adopts a holistic systems view of HFE in developing solutions

- *Depending on the field of activity, recommendations may relate to organisational management, physical environment, tools, equipment, technologies, services or a combination of any of these.*
- *Prefers reasonable and justified adaptations of organizational systems and technical solutions to behavioral change solutions – adapting the work, workplace and tools to the human, rather than adapting the human to the work.*

13. Outlines appropriate and scientifically valid recommendations for HFE design

- *Recognises those aspects of the problem and/or environment that are flexible and amenable to HFE intervention.*
- *Provides design specifications and guidelines for design or redesign based on HFE measurement and analysis.*
- *Applies relevant scientific theory and makes evidence-based recommendations.*
- *Considers alternatives for optimisation of the HFE quality, including short- and long-term goals.*
- *Considers the cost effectiveness of alternative solutions in terms of human well-being, improvement in productivity, and product usability, as appropriate.*

14. Understands emergence and how to consider it within the designing process

- *Recognizes that all systems will display characteristics and operate in ways not expected or intended by the designer.*

- *Understands how to deal with emergent² system properties where human users are involved and develops strategies to achieve a healthy and safe human environment.*

15. Understands the importance of a participatory approach to designing solutions

- *Recognises stakeholders needs, incorporating these, as appropriate, in the design process.*
- *Recognises that user participation increases the quality of developed recommendations and their acceptance and promotes their involvement.*
- *Can work in a team to achieve communal goals.*

16. Understands that designing for all is rarely achievable and responds appropriately

- *Is aware of population diversity factors such as culture, age, gender, size, health status, etc.*
- *Is aware of the limits to the effectiveness of education and training in HFE solutions.*
- *Can develop appropriate HFE training programs, when necessary.*
- *Can generate appropriate personnel selection criteria based on HFE principles, when necessary.*

17. Understands the hierarchies of control systems and design methodology for systems development

- *Uses the systems approach to integrated design for new or modified systems.*
- *Recognises the safety hierarchy, application of primary and secondary interfaces (controls and displays) and the order of introducing them.*

² See glossary for a definition

5.UNIT: HFE IMPLEMENTATION SKILLS

18. Communicates effectively in a participatory manner with clients and other stakeholders at all levels and professional colleagues.

- *Discusses with the client, users and management the design or intervention strategies available, their rationale, realistic expectations of outcome, limitations to achieving outcome, and the costs of the proposed HFE plan.*
- *Engages stakeholders and establishes effective relationships and collaborates effectively with professional colleagues in other disciplines in the development of HFE design solutions.*
- *Uses appropriate processes to motivate the client to participate in the recommended HFE program.*
- *Where necessary, provides HFE guidelines for personnel in a form understandable to the user and other stakeholders.*

19. Manages change efficiently and effectively

- *Uses a systems approach to integrate HFE with other design elements.*
- *Develops a balanced plan with priorities for risk control.*
- *Uses basic project management skills to steer the implementation of agreed measures and monitor progress.*
- *Understands the iterative nature of design development.*
- *Recognises the practicalities and limitations of applying HFE, including the introduction of change.*

20. Provides appropriate feedback to the client and other stakeholders on findings and recommendations.

- *Documents activities and findings appropriately.*
- *Produces clear, concise, accurate and meaningful records and reports.*

6.UNIT: SCIENTIFIC SKILLS

The depth of research skills adapts to the desired future employment (academic versus practitioner).

21. Understands and can apply the basics of data collection and analysis, including experimental methodologies and statistics

- *Has sufficient knowledge of statistics and research methods to assess the quality of a scientific research paper. More detailed knowledge is necessary if the HFE professional works in research.*

22. Effectively evaluates the results of HFE design or intervention

- *Selects appropriate criteria for project evaluation, including user acceptance and customer satisfaction.*
- *Selects appropriate tools to measure the appropriate outcome criteria.*
- *Makes judgements on the quality and effectiveness of HFE design or intervention.*
- *Remains prepared to modify solutions in accordance with results of evaluation, where appropriate*

7.UNIT: PROFESSIONAL SKILLS**23. Shows a commitment to ethical practice and high standards of performance**

- *Is aware of current international and/or national professional codes and standards of professional behaviour and behaves in a manner consistent with them.*
- *Demonstrates rational, critical, logical and conceptual thinking.*
- *Critically evaluates new concepts and findings in terms of human well-being, short and long-term.*
- *Respects the privacy of professional contacts and acts responsibly in terms of the social and psychological impact of HFE investigations.*

24. Acts in accordance with legal requirements

- *Fulfils government legislation relating to occupational health, control of environmental hazards and other areas relevant to HFE practice.*
- *Takes appropriate action regarding industrial, legal and liability issues that impact upon professional HFE practice*

25. Recognizes personal and professional strengths and limitations

- *Shows willingness to consult and collaborate with others as part of a multidisciplinary team*
- *Is aware of their own scope of practice and knows when to refer to another discipline or another HFE practitioner or researcher.*
- *Maintains contact with other HFE professionals e.g. networking opportunities*

26. Demonstrates lifelong learning, to ensure that HFE knowledge and skills are up-to-date

- *Maintains up-to-date knowledge of concepts, knowledge, procedures and strategies relevant to HFE practice.*
- *Regularly reviews and updates knowledge and skills relevant to current practice of HFE and the latest tools and methods relevant to HFE work, (ensures continuing professional development (CPD))*

27. Has a clear concept of professional identity and recognizes the impact of HFE on peoples' lives

- *Understands and can explain the "added value" of HFE.*

4 IMPLEMENTATION

COMMENTS ON THE ROLE OF APPLICATION DOMAINS

HFE professionals work in a wide variety of employment sectors and provide technical advisory services to clients with very diverse types of problems. The list of IEA Technical Committees (<https://iea.cc/leadership/technical-committees/>) gives an indication of the current range of practice across economic sectors. These Technical Committees are formed as platforms to exchange up-to-date information and facilitate professional discussion. Although each sector has a set of unique issues, measurement methods and intervention strategies, the core competencies of HFE professionals working on (or in) them remain essentially the same.

Economic sectors for which the IEA has a current Technical Committee

- *Aerospace HFE*
- *Agriculture*
- *Building and Construction*
- *Ergonomics in Manufacturing*
- *Healthcare Ergonomics*
- *Ergonomics for Children and Educational Environments*
- *Mining*
- *Transport Ergonomics and Human Factors (TEHF)*

EXAMPLES OF APPLICATION IN CERTIFICATION SYSTEMS

The HFE profession is relatively new vis-à-vis its older founding disciplines and the emphasis in education and practice changes according to developments in the workplace and society. For this reason, the IEA does not wish to be too restrictive in defining the educational content, however, the question is often raised, about how much education is required and what depth of knowledge is expected. This section attempts to provide some examples that may be used as a guide.

In general, to achieve adequate education as a HFE professional a full year of dedicated HFE academic education is considered necessary. This is generally taught at post-graduate level, where substantial basic knowledge has been acquired in relevant undergraduate studies. HFE professionals come from a wide variety of academic disciplines including engineering, psychology,

biophysical, medical, environmental and social sciences. The HFE education provides additional basic knowledge in disciplines that were not covered in undergraduate studies and goes on to teach the methods and theory of the HFE discipline.

The following examples of the implementation of the IEA Core Competencies into certification systems may be useful for course designers and people setting up new regional certification systems for HFE professionals, as they indicate the weighting of each area of expertise and the expected training hours in different areas of the world.

The Board of Certification of Professional Ergonomists BCPE, based in the USA, requires 360 contact hours and three years of professional experience. Further details are available at <https://www.bcpe.org/why-certify/core-competencies/>).

CATEGORY	Academic Credit Hours (Semester)	Academic Credit Hours (Quarter)	CE Credit Hours*	Contact Hours**
A. Basic Principles	3	4.5	4.5	45
B. Core Background	6	9	9	90
C. Core Methodology: Analysis & Design of Processes & Products	6	9	9	90
D. Application of Analysis, Design, Validation & Implementation	8	12	12	120
E. Professional Issues	1	1.5	1.5	15
Total	24	36	36	360

****Note:** Each semester credit hour requires 15 contact hours. A CE credit hour is equivalent to one quarter credit hour and both require 10 contact hours. One semester credit hour is equivalent to 1.5 quarter or CE credit hours.

The Centre for Registration of European Ergonomists (CREE) uses European Credit Transfer and Accumulation System units (ECTS), the standard academic units in all of Europe. One ECTS is considered equivalent to 10 contact hours (or 30 hours of total workload). CREE certification requires at least 600 contact hours (60 ECTS) dedicated to HFE education (and three years of practice experience).

Area of Knowledge	Level of competence
A. Principles of Ergonomics (min. 2 ECTS)	The candidate is able to integrate his or her knowledge of the definition, aims and approach of ergonomics into work activities.
B. Populations and General Human Characteristics (min. 2 ECTS)	The candidate has a basic understanding of fundamental human physiological and psychological characteristics and can analyse problems taking them into account.
C. Design of technical systems (min. 2 ECTS)	The candidate has a basic understanding of fundamental engineering principles and systems design and can solve problems taking them into account.
D. Research, evaluation and investigative techniques (min. 2 ECTS)	The candidate can evaluate results using appropriate statistical methods and instruments and is able to evaluate the quality of ergonomics research reports written by other people.
E. Professional Issues (min. 2 ECTS)	<p>The candidate knows the laws and standards that are applicable to his or her work and can synthesise this knowledge into his or her recommendations.</p> <p>The candidate understands the ethical requirements and limits of his or her work and can reflect on his or her activities using this knowledge.</p> <p>The candidate can communicate his or her professional knowledge effectively to other people and synthesise his or her knowledge into comprehensible and legally adequate project documentation.</p>
F. Ergonomics: Activity and/ or Work Analysis (min 2 ECTS)	The candidate knows the methods for conducting an activity or work analysis and is able to choose an appropriate method, reflecting on its strengths and weaknesses.

G. Ergonomic Interventions (min 2 ECTS)	The candidate understands the theoretical aspects of designing and evaluating appropriate ergonomics intervention projects.
H. Ergonomics: physiological and physical aspects (min. 2 ECTS)	The candidate must have a basic knowledge across all areas H, I, and J (each with a minimum of 2 ECTS per item). At least 48 ECTS must be in F, G, H, I and J: This includes a minimum of 2 ECTS and a maximum of 20 ECTS for the practical project.
I. Ergonomics: psychological and cognitive aspects (min. 2 ECTS)	Where a candidate is specialised in one knowledge area (H,I or J), he or she should have enough knowledge and understanding of the other areas to take appropriate action when problems arise relating to them.
J. Ergonomics: social and organisational aspects (min. 2 ECTS)	

RECOMMENDED HFE SYSTEMIC TOOLS

The following tools are recommended to support the systemic approach to HFE interventions.

Cognitive Work Analysis (CWA) is a framework that was developed to model complex sociotechnical work systems. The framework models different types of constraints, building a model of how work could proceed within a given work system.

ACCIMAPS : A systems-based technique for accident analysis, specifically for analysing the causes of accidents and incidents that occur in complex sociotechnical systems. The approach was originally developed by Jens Rasmussen¹⁴ as part of a proactive risk management strategy.

Systems Theoretic Accident Model and Process (STAMP),

Networked Hazard Analysis and Risk Management System (Net-HARMS)

Event Analysis of Systemic Teamwork (EAST).

5 GLOSSARY

The following set of terms is based on the United Kingdom Chartered Institute of Ergonomics and Human Factors (CIEHF) list of knowledge areas. It has been expanded to include definitions of terms used in the IEA Core Competences.

Abnormal environments: The norms, properties and effects of unusual and extreme environments on human biology, psychology and task performance.

Affective design: Designing to produce emotional responses in users, generally to steer behaviour towards specific outcomes.

Ageing: Effects of the ageing process on physical and cognitive capabilities and wellbeing.

Anatomy: The structure of the human body and how this affects physical performance, function, risk of trauma and wellbeing.

Anthropometry: Data collection and application of human body measurements.

Attention: The theories relating to the way in which people attend to and process information, and knowledge of common limitations.

Auditory environment: The norms, properties and effects of the auditory environment including noise, reverberation and sonics on human biology, psychology and task performance.

Behaviour and attitudes: The theories relating to influences and processes affecting attitudes and behaviours.

Behavioural safety: The attitudes and behaviours related to safety, together with the theories and principles that are involved in creating safe behaviours.

Biomechanics: The mechanics of force transmission and movement in the human body.

Change management: The factors and methods involved in the management of change within organisations.

Cognition: The mental actions or processes used to acquire knowledge and understanding through thought.

Communication: The relationships and behaviours associated with person-to-person or group communication, both at an individual and organisational level.

Communication systems: The mechanisms and methods used (including spoken, written and pictographic) and problems involved in person-to-person and person-to-group communications.

Culture: The ideas, behaviours, attitudes, and traditions that exist within groups of people and organisations.

Data collection and analysis: The methods used to collect and analysis data to ensure validity and accuracy.

Decision making: The cognitive processes and biases involved in selecting a course of

action or opinion.

Disabilities and vulnerabilities: The effects of physical and cognitive disabilities and vulnerabilities on work performance.

Emergent properties: Understanding properties or behaviors which emerge only when the parts interact in a wider whole. Dealing with unanticipated outcomes of an intervention or design process, that may not be predicted from the individual parts.

Ethics: The principles, moral values and safeguards involved in undertaking HFE activities, in particular with regard to the people involved, whatever their role.

Experimental design: The development, design, conduct, data management and analysis of experiments.

Evaluation of work activities: The methods involved in collection and analysis of data obtained from observing people in their work environment and their limitations.

Focus groups: A method of information elicitation through group discussion.

Group behaviour: The dynamics, interactions of groups and the factors that influence group performance.

Human auditory system: The mechanisms and problems involved in the perception of sound and the faculty of hearing.

Human computer interaction: The design, evaluation and implementation of interactive computing systems for human use.

Human machine systems: The design, evaluation and implementation of interactive machine systems for human use.

Human reliability and error: Human failure types and the identification and assessment of performance shaping factors that influence human reliability, and knowledge of measures to prevent/reduce human failure.

Human visual system: The mechanisms and problems involved in the perception of light and the faculty of sight.

Job design: The factors relating to jobs and work and their relationship with organisational, social and personal requirements.

Job satisfaction: The attributes of job design that influence an individual's fulfilment at work.

Knowledge elicitation: The principles and methods to capture tacit knowledge explicitly, by interacting directly with individuals, teams and organisations, through focus groups, interviews, observation, role playing, surveys and workshops.

Leadership: The psychology underpinning the skills required to influence and lead teams to achieve successful outcomes.

Learning: How individuals acquire new, or modify existing, knowledge, skills and attitudes through experience, study or training.

Manual handling: The nature of manual handling tasks, the risks involved (e.g. fatigue,

musculoskeletal disorders and injury) and how these risks may be avoided or mitigated in line with manual handling regulations.

Measurement techniques: The principles and practice of making measurements to obtain valid, accurate and reliable data.

Mechanical environment: The norms, properties and effects of the mechanical environment including vibration, shock, jitter, high/low and changing g-forces on human biology, psychology and task performance.

Memory: The cognitive processes involved in acquiring, storing and recalling information in the short and long term.

Motivation: The processes involved in attention, enthusiasm and positive attitudes towards an activity.

Musculoskeletal disorders (MSDs): The effects of physical activity on musculature and the skeleton, and knowledge of common disorders.

Organisational change: How organisations change their processes, arrangements, culture and behaviours.

Organisational learning: The methods and theories of how an organisation learns and adapts to change.

Perception: The mechanisms by which people sense, process and interpret information through their senses.

Physiology: The processes and functions of the human body.

Product design: The methods involved in the design, development, testing and use of products.

Process analysis: The methods to analyse the inputs, outputs and operations that together form a process.

Psychological stress: The factors that influence a person's state of arousal and knowledge of the effects of stress on an individual, knowledge of the symptoms and measures to manage stress.

Psychometrics: The methods of testing and assessing an individual's mental ability and personality.

Psychophysics: The relationship between, and measurement of, physical stimuli and an individual's sensory response/perceptual processes.

Questionnaire and interview design: The development, design, administration and scoring of questionnaires and interviews to obtain valid and accurate data.

Repetitive strain injuries: The causes and symptoms of RSI and knowledge of measures to remove or reduce its effect.

Safety culture: The values, attitudes, perceptions and behaviours exhibited by an organisation with regard to safety.

Shiftwork: Chronobiology and the effects of shift and other working patterns on human

biology, psychology and task performance.

Situation awareness: How an individual and/or group perceives a physical/cognitive real-time situation, how situation awareness changes, how this awareness influences decision making, and how it may be measured, modelled and assessed.

Socio-technical systems: The interactions between social and technological systems and their effects on human biology, psychology and task performance.

Statistics: Statistical theory and practice, including methods to collect, classify, analyse and interpret qualitative and quantitative data to derive numerical information.

Supervision: The attributes required for effective leadership of a working team or group.

System engineering: The methods and processes in the design and management of complex human-engineering systems.

Task analysis: The methods used to represent tasks in a structured manner and to describe the physical and mental activities of those tasks.

Team work: The principles of team working covering issues such as person-to-person interaction, team leadership and supervision.

Thermal environment: The norms, properties and effects of the thermal environment including temperature, humidity and air movement on human biology, psychology and task performance and how to apply this knowledge.

Training and competence: The methods that enable an individual to increase their knowledge, skills and abilities and knowledge of methods to manage training and competence at work.

User centred design: The methods and processes that focus on the end user through the design life-cycle.

User experience: The methods and processes that design for and assess the total user experience (including usability, user feelings, motivations and values) with respect to products and services.

Visual environment: The norms, properties and effects of the visual environment including light level and flow, glare, strobes and flicker on human biology, psychology and task performance.

Workplace design & assessment: The design and assessment of the physical workspace.

Workload: How an individual and/or group is affected by physical or mental workload, especially overloads, and knowledge of techniques and constraints relating to its measurement.

6 SUGGESTED REFERENCES

- *Principles and Guidelines for HF/E Design and Management of Work Systems.* (2019) Joint Document by IEA and the International Labour Organization (ILO).

Peer-reviewed articles on HFE as a professional discipline (Source IEA website: www.iea.cc, February 2021)

- *Dul, J., Bruder, R., Buckle, P., Carayon, P., Falzon, P., Marras, W. S., Wilson, J. R., & van der Doelen, B. (2012). A strategy for human factors/ergonomics: Developing the discipline and profession. Ergonomics, 55:4, 377-395, DOI: [10.1080/00140139.2012.661087](https://doi.org/10.1080/00140139.2012.661087)*
- *Hendrick, H. W. (2003). Determining the cost-benefits of ergonomics projects and factors that lead to their success. Applied Ergonomics, 34, 419-427. Ergonomics, 57:11, 1603-1615.*
- *Lange-Morales, K., Thatcher, A, & Garcia-Acosta, G. (2014) Towards a sustainable world through human factors and ergonomics: it is all about values.*
- *Read, G.J.M., Salmon, P.M., Goode, N., & Lenné, M.G. (2018). A sociotechnical design toolkit for bridging the gap between systems-based analyses and system design. Human Factors and Ergonomics in Manufacturing & Service Industries,28(6), 327-341.*
- *Wilson, J. R. (2014). Fundamentals of systems of ergonomics/human factors. Applied Ergonomics (45), 5-13.*

Primary textbook recommendations in English (source www.BCPE.org, and others). There are many very good texts available in other languages.

- *Bhattacharya, A. & McGlothlin, J. D. (eds) (2012). Occupational Ergonomics: Theory and Applications (2nd Ed.). CRC Press*
- *Bridger, R. S. (2018). Introduction to Human Factors and Ergonomics, 4th Edition. Boca Raton, FL, USA. CRC Press.*

- Chaffin, D.B., Andersson, G.B.J., & Martin, B.J. (2006). *Occupational Biomechanics (4th Ed.)*. Wiley Interscience
- Eastman Kodak Company. (2003). *Kodak's Ergonomic Design for People at Work (2nd Ed.)*. Wiley
- Helander, M. (2005). *A Guide to Human Factors and Ergonomics (2nd Ed.)*. CRC Press
- Hendrick, H.W. & Kleiner, B.M. (eds.) (2002). *Macroergonomics: Theory, Methods, and Applications*. CRC Press
- Hollnagel, E. (2012) *Technical Report: An Application of the Functional Resonance Analysis Method (FRAM) to Risk Assessment of Organisational Change*. Web. <https://www.osti.gov/etdeweb/biblio/22097146> Accessed May2021.
- IEA Code of Ethics
- Jex, S. M. & Britt, T. W. (2008). *Organizational Psychology A Scientist Practitioner Approach, (2nd ed.)*. Wiley
- Konz, S. and Johnson, S. (2007). *Work Design: Occupational Ergonomics (7th Ed.)*. Holcomb Hathaway
- Lee, J., Wickens C., Liu, Y., Boyle, L. (2017), *Designing for People: An Introduction to Human Factors Engineering*. CreateSpace.
- Lehto, M. & Landry, S. J. (2012). *Introduction to Human Factors and Ergonomics for Engineers (2nd Ed.)*. CRC Press
- Marras, B. & Karwowski, W. (eds.). (2006). *The Occupational Ergonomics Handbook (2nd Ed.)*. Volume 1: *Fundamentals and Assessment Tools for Occupational Ergonomics*; Volume 2: *Interventions, Controls, and Applications in Occupational Ergonomics*. (2nd Ed.). CRC Press
- Mayhew, D.J. (1999). *The Usability Engineering Lifecycle: A Practitioner's Handbook for User Interface Design*. Morgan Kaufmann
- Nielsen, J. (1993). *Usability Engineering*. Morgan Kaufmann
- Nielsen, J. (2000). *Designing Web Usability: The practice of simplicity*. New Riders Publishing
- Freivalds, A. (2008). *Niebel's Methods, Standards, and Work Design (12th ed.)*. McGraw-Hill Science/Engineering/Math
- Norman, D., (Reissued 2002). *The Design of Everyday Things*. Basic Books

- *Pasmore, W.A. (1988). Designing Effective Organizations: The Sociotechnical Systems Perspective. Wiley*
- *Salvendy, G. (Ed.) (2012). Handbook of Human Factors and Ergonomics (4th Ed.). Wiley*
- *Sanders, M. S. & McCormick, E. J. (1993). Human Factors in Engineering and Design (7th Ed.). McGraw-Hill Science/Engineering/Math*
- *Jacko, J.A. (ed) (2012). Human-Computer Interaction Handbook: Fundamentals, Evolving Technologies, and Emerging Applications (3rd Ed.), CRC Press*
- *Waters, T.R., Putz-Anderson, V., & Garg, A. (1994). Applications Manual for the Revised NIOSH Lifting Equation. U.S. Department of Health and Human Services*
- *Wickens, C. D., Hollands, J. G., Parasuraman, R., & Banbury, S. (2012). Engineering Psychology and Human Performance (4th Ed.). Pearson*
- *Wickens, C. D., Lee, J., Liu, W., & Gordon-Becker, S. (2003). Introduction to Human Factors Engineering (2nd Ed.). Pearson*
- *Wilson, J. R. & Corlett, E.N. (eds.) (2005). Evaluation of Human Work (3rd Ed.) CRC Press*
- *Woods, D., Leveson, N. & Hollnagel, E. (2006) Resilience Engineering: Concepts and Precepts. Ashgate Publishing.*