

Webinar Series

Fall Prevention



Date and Time: Monday, December 2nd, 2024, 2pm-3pm (UTC)

Duration: 60 mins

Join us for an engaging session as we showcase Canada Post's proactive strategy and latest advancements in reducing slip, trip, and fall injuries—their leading cause of workplace incidents. Discover how experiential learning is transforming safety training with the Slip Simulator™. This cutting-edge system gives delivery agents hands-on experience in mastering safe walking techniques on challenging surfaces, from curbs to icy slopes—while securely harnessed or observing peers. Studies from leading organizations, including a U.S. laboratory, Amazon, and the Minnesota Department of Transportation, reveal a remarkable 30-70% reduction in incidents among participants who completed similar training. The webinar will dive into insights from their successful 2022 pilot and explore the exciting rollout of their Slip Simulator™ units at their two largest delivery agent schools.

Webinar Chair:

- Sophia (Yue) Li, STF Co-Chair, The KITE Research Institute, Toronto Rehabilitation Institute-University Health Network, Canada, Yue.Li@uhn.ca
- Takeshi Yamaguchi, STF Co-Chair, Graduate School of Engineering, Tohoku University, Japan, <u>takeshi.yamaguchi.c8@tohoku.ac.jp</u>

Presenters:

 Nadia Afara, Health and Safety Manager at Canada Post, Canada, nadia.afara@canadapost.ca

Title of presentation: How do you walk safely? A look into using experiential learning to reduce Slips, Trips and Falls.

Zoom link for registration.

https://us06web.zoom.us/webinar/register/4317307297967/WN 6PrTkyEpTCWDfW N-130QA

Registration is free to all interested people. The webinar will be recorded and published on YouTube. Registration permits live interaction with the presenters via Q&A.